



Cancer Society  
of Maldives

# ANNUAL REPORT 2015

Cancer Society of Maldives





## **Cancer Society of Maldives**

Cancer Society of Maldives is a Society registered in the Maldives on 2 October 2012, as an NGO, to raise awareness on causes and prevention of Cancer, to carry out research, and to gather and maintain statistics on Cancer. The society in its work supports and helps cancer patients, survivors and families of cancer patients and enlists the support from oncologists and other professionals too.

## **Aims and objectives of the society**

To raise awareness on cancer; to conduct national level research on cancer; maintain statistics on cancer patients; assist cancer patients with their treatment and facilitate support groups of cancer survivors and their families.

## **Statement from the Executive Committee of the society**

Cancer Society of Maldives was registered on October 2, 2012. We are extremely proud of the fact that we got the opportunity to work on the first Executive Committee of the society. The opportunity we got to lay the foundation and work towards achieving the objectives of the society was extremely challenging. We acknowledge the contribution we got from the many well-wishers in conducting our events. We take this opportunity to thank everyone who helped us. Amongst the different objectives of the Cancer Society, last year the main focus was on training facilitators to conduct awareness sessions on the causes and how cancer can be prevented. In this regard, under the sponsorship of the Alifulhu Thuthu Foundation, two members from each atoll, a total of 39 people underwent a 3 day training programme in Male'. Further, these trained facilitators started their awareness work in the atolls and the Society has begun monitoring the facilitators too.

In addition to this, the work started in 2014 in collaboration with the FeM Breast Surgery Clinic of Singapore Mount Elizabeth Hospital, to screen people for breast cancer, twice a

year was also conducted. In 2015, people from Haa Alifu Atoll and Haa Dhaalu Atoll in April, and in October, people from Baa Atoll were screened.

To achieve the objectives of the Society, awareness sessions were conducted in Male' and in the atolls in 2015. These awareness sessions were mainly on breast cancer and cervical cancer. In addition to this, awareness sessions on cancer in general were also conducted in 2015. We would like to take this opportunity to thank all the doctors and nurses who helped the society in conducting the sessions. Our appeal to the people is to lend a helping hand, in any way when a patient suffering from Cancer needs. We are thankful to all the volunteers who have helped the Cancer Society in all its achievements within the last three years.

### **Executive Committee**

There are 9 members in the Executive Committee of the Cancer Society of Maldives. The Executive Committee is elected every 3 years, by a vote by the general members, from the candidates running for the committee. This vote is cast in the general meeting held every 3 years. One founder member will always be represented in the executive committee.

The third general meeting of the Society was held on 23 February 2015 at 2030 hours at Kulliyathul Dhiraasaathul Islaamiyya. In this meeting, members were given the opportunity to contest for the vacant positions in the Executive Committee. Members to the Executive Committee were elected from a secret vote that was cast amongst all the members who were present for the meeting.

### **Following are the Executive Committee members in 2015;**

#### Members in the Executive Committee of the Cancer Society of Maldives 2015

1. Ms Juwairiya Saeed (Chairperson)
2. Mr Shahid Ali (Vice Chairperson)
3. Ms. Sana Mansoor (Treasurer)
4. Ms. Uz Noorbaan Fahmy (Secretary General)
5. Mr. Ahmed Zayaan Abdulla Salih (Organising Secretary)
6. Mr. Ahmed Hilmy (Member)
7. Mr. Ahmed Latheef (Member)
8. Mr. Ahmed Hameed (Member)
9. Mr. Hussein Rasheed (Co-Founder member)

#### Resigned members from the Executive Committee 2015.

1. Ms. Uz Noorbaan Fahmy (Secretary General).

### Changes to the name of the society in 2015

There were no changes brought about to the name of the society.

### General meeting and rules of conduct of the society

The annual general meeting for 2015 was held on the 23<sup>rd</sup> February 2015. In addition to electing members for the Executive Committee, discussions about how to run the society were held.

### Membership status

Number of members at the beginning of the year: 114 females and 75 males

Number of members who newly joined: 45 females and 40 males.

Number of members who left: 0 females and 0 males

Number of members who attended the Annual General Meeting: 42

## **Major Decisions made by the Executive Committee**

### Important decisions made in 2015:

- Celebrate the World Cancer Day
- Train facilitators to conduct awareness sessions on Cancer
- Participate in the NGO Forum held jointly by the United Nations Development Programme and the Humans Rights Commission of the Maldives.
- Sign and MOU with Alifulhu Thuthu Foundation to collaborate with them to train facilitators to raise awareness on Cancer
- Conduct two cancer screening programmes every year
- Sign and MOU with the National Institute of Education to conduct awareness session for their staff on Cancer
- Mark October as Breast Cancer awareness month

## Details of work carried out in 2015 to achieve the objectives of the Society

To achieve the objectives of the society, the main activities carried out in 2015 were that of awareness raising sessions. In addition to this screening programmes in three atolls were conducted. Further, in order to comprehensively cover the whole country, csm needed to expand the network and facilitators in each atoll need to be trained to conduct awareness session. To achieve this objective, 39 facilitators to conduct awareness sessions were trained from 20 atolls.

### Programme conducted to mark the World Cancer Day 2015

- In collaboration with ADK Hospital and the Indian High Commission, a walk was organized. The objective of this walk was to raise awareness about Cancer.
- A Cervical Cancer screening programme was conducted in K. Villingilli. 137 people were screened and given information about Cancer.
- A Cervical Cancer screening programme was conducted in GDh Thinadhoo, in collaboration with ADK Hospital and Indian High Commission. 160 people were screened and given information about Cancer.
- In addition to this, From February 13-14, awareness sessions in Fuvammulaku were conducted. During these sessions, 342 people were given information about cancer.



### Participation in other activities conducted by other NGOs and health care providers.

- Participated and disseminated information about healthy living in the children's evening organized by the Ministry of Health in collaboration with NGOs, to mark the World Health Day.
- Dr. Abdul Malik and Hussein Rasheed from the society participated in the Male' Stakeholder Forum organized by the Maldivian Red Crescent, held on the 17 February 2015.
- Participated in the walk titled 'Random acts of kindness' organized by Beautiful Eyes of Maldives, to mark the World Down Syndrome Day.
- Mr. Hussein Rasheed Participated in 'I choose life' campaign held to mark the World No Tobacco Day.
- Ms. Juwairiya Saeed participated in the NGO Forum jointly organized by the Human Rights Commission of Maldives and UNDP.



## Cancer Screening Programmes

### Haa Alif Atoll and Haa Dhaal Atoll- 15-17 April.

- A team from the Mount Elizabeth Hospital, which is a well-known hospital in Singapore conducted cancer screenings in Haa Alif and Haa Dhaal Atolls. They conducted sessions in Haa Alif Dhidhoo and Haa Dhaal Kulhudhufushi for three days. In these sessions, 435 people were screened in Kulhudhufushi within two days and 168 people from Dhidhoo in one day. Cancer awareness sessions were conducted for all the people screened during the three day programme.



### Baa Atoll – 26-28 October

The team from Mount Elizabeth Hospital also conducted a screening program in Baa Atoll too. 516 people from Baa Atoll were screened. With the screening programme, the trained facilitators also conducted awareness sessions. This screening program was conducted with the generous support provided in the form of a donation of Rf 53, 825 by the Maldives Islamic Bank.



## Dhiraagu Road Race

The Cancer Society members and well-wishers participated in the Road Race organized by Dhiraagu. 1400 hundred people ran for the society in this race and raised funds for the society. Rf 30,000 was raised by these runners. In addition to this, CSM received Rf 26, 795 from the money raised by selling t-shirts.



## Facilitators' Training Programme

A training workshop for 2 health personnel from each atoll was held from May 30-31 at Salt Café' conference Hall. In this workshop, participants were trained on conducting awareness sessions on breast cancer, cervical cancer, and other general cancers. 39 participants from 19 atolls and Male; were trained in this workshop. The facilitators of the workshop were 4 doctors and 2 nurses who volunteer for CSM. The programme was funded by Alifulhuthu Foundation. The generous donation totaled Rf 266,055.



## Programmes conducted to mark the Breast Cancer Awareness month

- To gauge the level of awareness of breast cancer amongst the general public, a quiz was organized in collaboration with the telecom provider Dhiraagu. 392 people participated in the quiz. The winner of the draw held amongst all those who got all answers to the quiz correct; Azla Abbas received a prize from Reveries Diving Village.
- Le Cute Shop held a promotion to raise breast cancer awareness. CSM received a donation from the sales they got during this promotion. In this regard, CSM received Rf1,144 the Le Cute Shop.

- To raise awareness, CSM in collaboration with the Table Tennis Association of Maldives, set up TT tables at the portico of Huravee Building, from 11-13 October. Senior government officials and the public participated in this event.



- In addition to this, a cancer survivor from India Rtn. Ms Minoti Barthakoo visited Maldives on invitation from CSM. She conducted information sessions for members of Women on Boards NGO, employees of the National Institute of Education, Indira Gadhi Memorial Hospital and Villimale Hospital. 115 people participated in these sessions. She also had sessions in Laamu Atoll. Her trip to the Maldives was sponsored by the Rotary Club of Maldives.



- In Laamu Atoll, 130 people participated in Ms. Minoti's sessions. In addition to this, CSM conducted a monitoring session for the two facilitators from Laamu Atolls who were trained to conduct awareness sessions. 25 people participated in this session.

- In addition to this the team from Mount Elizabeth Hospital conducted a screening programme. In this regard 516 people were screened. Even with this programme facilitator monitoring was also conducted.



- To conclude all the activities of the month, a pink ribbon walk/run was held. Posters and banners carrying awareness messages were used by the participants of the run/walk.



### Cancer Awareness programmes conducted

- Upon request from the Maldives Police Service, an awareness session on cervical cancer was conducted for 62 people on 29th January.
- On 3rd February a session on breast cancer awareness was held for 100 people at Villimale' Hospital.
- On 4th February, a session on breast cancer awareness was held for 160 people at Gdh Thinadhoo
- On February 13 and 14, a session on breast cancer, cervical cancer, and general cancer awareness was conducted for 342 people in Gn Fuamulaku.
- Awareness sessions for members in Women on Boards, employees of IGMH, Villimale' Hospital and National Institute of Education were held during October.
- From 3-5 September, an awareness session for 45 people were conducted in Gdh Thinadhoo.

Place	Date	Participant numbers	Type of Cancer	Facilitators
<b>Maldives Police service</b>	January 29	62	Cervical Cancer	Dr. Jumailath, Dr. Aroona
<b>Villimale' Hospital</b>	February 3	100	Breast Cancer	Dr Jumailath, Aminath Rinzy
<b>Gdh Thinadhoo</b>	February 4	160	Breast Cancer, Cervical Cancer	Aminath Rinzy, Shizna
<b>Gn Fuvahmulak</b>	February 13, 14	342	General, Breast Cancer	Dr. Malik, Rinzy, Khadhija Shakir
<b>Ha. Dhidhoo, Hdh. Kulhudhufushi</b>	April 1-8	603	Breast Cancer	Dr. Malik, Dr. Jumailath, Rinzy
<b>Gdh Thinadhoo</b>	September 3,4,5	45	Breast Cancer, Cervical Cancer	Yumna, Rinzy
<b>Women on Boards</b>	October 6	15	General Cancer	Prof. Minoti
<b>N.I.E.</b>	October 7	50		Prof. Minoti
<b>I.G.M.H.</b>	October 8	70		Prof. Minoti
<b>Villimale' Hospital</b>	October 8	20		Prof. Minoti
<b>L.Gan</b>	October 9	130		Prof. Minoti
<b>B. Eydhafushi, B.Thulhaadhoo</b>	October 26,28	516	Breast Cancer	Fathimath Fileeshia
		2113		

### Cancer Awareness programmes conducted by the trained facilitators

- Awareness sessions on breast cancer and cervical cancer were conducted for 112 people in Th. Atoll.
- Breast and Cervical Cancer awareness was conducted for 117 people in Sh Atoll Komandoo.
- Breast and Cervical Cancer awareness was conducted for 25 women in AA. Thoddoo.
- Breast and Cervical Cancer awareness was conducted for 25 people in V. Felidhoo.
- Breast and Cervical Cancer awareness was conducted for teachers in Ha. Ihavandhoo School.
- Breast and Cervical Cancer awareness session was conducted for 30 school-leavers from S. Maradhoo-Feydhoo.
- A general awareness session on cancer was held in the L. Maabaidhoo Health Centre for 20 people.
- An awareness session was held for 40 parents of GA. Dhaandhoo pre-school, in Ga. Dhaandhoo School

<b>Location</b>	<b>Participant No.</b>	<b>Type of Cancer</b>
<b>5 islands in Th Atoll</b>	112	Breast and Cervical Cancer
<b>Sh. Komandoo</b>	117	Breast and Cervical Cancer
<b>AA. Thoddoo</b>	25	Breast and Cervical Cancer
<b>V. Fulidhoo</b>	25	Breast and Cervical Cancer
<b>Gdh. Thinadhoo</b>	45	Breast and Cervical Cancer
<b>Ha. Ihavandhoo</b>	Teachers	Breast and Cervical Cancer
<b>Hdh. Kulhdhufushi</b>	14	Breast and Cervical Cancer
<b>S. Maradhoo Feydhoo</b>	30	Breast and Cervical Cancer
<b>L. Maabaidhoo</b>	20	General Cancer
<b>Ga. Dhaandhoo</b>	40	General Cancer
	428	

### Other activities that the society participated

- Ms. Juwairya Saeed participated in the NGO Forum jointly organized by the Human Rights Commission of Maldives and UNDP.
- Dr. Abdul Malik and Hussein Rasheed from the society participated in the Male' Stakeholder Forum organized by the Maldivian Red Crescent, held on the 17 February 2015.
- Dr. Shazma Abdulla and Aminiath Rinzy, who are two of our facilitators, participated in a screening and monitoring workshop held in Ankaara, Turkey, from October 13-15.
- Chief Guest of the facilitators training workshop, Mr. Mohamed Fulhu, who has long-served the health sector, gifted CSM with a book he had written on cancer at the opening ceremony of the workshop.
- The Philippines consulate in the Maldives, conducted a beauty pageant and donated the proceeds which amounted to MVR 12,200 to CSM.

### Calendar of activities planned for 2016

Following are activities planned for 2016, the dates and the estimated budget.

<i>Activity</i>	<i>No</i>	<i>Date</i>	<i>Budget</i>	<i>Donation/funds</i>	<i>Remarks</i>
Brought forward from 2015				156,893.00	
Celebrating World Cancer Day	2	5 Feb	16,501.00		
Conduct awareness sessions	5	March-Dec.	41,700.00		
Trips for monitoring facilitators	17	Jan-March	271,155.00	271,155.00	Donation from Alifhu Thuthu Foundation
Cancer support group	20	Feb	120,000.00	120,000.00	CSR of Mookai Hotels
Fitness programme for survivors and patients	40	Feb	120,000.00	120,000.00	CSR from Tfg
Breast cancer screening and awareness programme	2	April, Oct	136,450.80		
Mark the World Health Day	1	7 April	5,000.00		
Awareness campaign on oral cancer	1	April	10,000.00		
Awareness campaign on the relationship between childhood cancers and processed meat	1	September	20,000.00		
Breast Cancer Awareness Campaign	1	October	57,628.00		
Training and workshop	1	Within the year	50,000.00		
Dhiraagu run	1	Within the year		50,000.00	
Fund raising event	1	Within the year		130,000.00	
			848,435	848,048.00	

## **Income and expenditure Statement 2015**

<b>Donations (money)</b>	<b>485,243</b>
<b>Donations (others)</b>	<b>87,773</b>
<b>Funds from fund raising events</b>	<b>28,695</b>
<b>Others</b>	
<b>Total Income</b>	<b>601,711</b>
<b>Expenditure</b>	
<b>Screening programmes</b>	<b>109,203</b>
<b>Awareness sessions</b>	<b>135,352</b>
<b>Monitoring sessions</b>	<b>7,636</b>
<b>Training and workshop</b>	<b>297,045</b>
<b>Salary</b>	<b>9,000</b>
<b>Printing</b>	<b>60,457</b>
<b>Phone bill</b>	<b>253</b>
<b>Auditing</b>	<b>6,000</b>
<b>Rent</b>	<b>25,000</b>
<b>Depreciation</b>	<b>27,198</b>
<b>Total</b>	<b>677,144</b>
<b>Profit/loss</b>	<b>(75,433)</b>

## Final word

In order to achieve the objectives of the society many activities were carried out in 2015. In this regard 1119 people were screened. Further 2541 people participated in the awareness sessions that were conducted. 39 people from the 20 atolls of the country were also trained as facilitators for conducting awareness sessions. With the training of facilitators the societies has now two facilitators in each of the atolls in the country and now have a nationwide network established. Hence now, the work done in the atolls about raising awareness about cancer has increased.

The activities that were conducted by the society would not have been carried out if not for the contribution from a lot of people. We would like to acknowledge the contributions by Alifhulhu Thuthu Foundation, Maldives Islamic Bank, FEM Breast Surgery Unit of Mount Elizabeth Hospital, Dhiraagu, Le-cute, Reveries Diving Village, Maldives Rotary Club, TFG, Table Tennis Association of Maldives, Turkish Airlines, Mookai Hotel and Philippines Society in Maldives. In addition to this, we acknowledge the hard work of the volunteer doctors and nurses, and also individuals who donated to the society.

The doctors who worked as volunteers in the screening and awareness programmes are, Dr. Jumailath Beigum, Dr. Mohamed Shifan, Dr. Shazma Abdulla, Dr. Aminath Ramsha, Dr. Athifa, Ms. Aminath Rinzy, Ms. Fathimath Fileeshia, Ms. Shizna and Ms. Khadheeja Shakir.

CSM would like to take this opportunity to thank everyone who participated in all its activities.

## Report prepared and checked by:

Report prepared by	Report checked by:
Name:	Name:
Designation:	Designation:
Sign:	Sign:
Date:	Date:

## Approved by the Management Committee

Name:	Sign:
Ms Juwairiya Saeed (Chairperson)	
Mr Abbas Shareef (Vice Chairperson)	
Ms Sana Mansoor (Treasurer)	
Ms Afa Adnan (Secretary General)	
Mr Ahmed Hilmy (Organizing Secretary)	
Mr Ahmed Latheef (Member)	
Mr Ahmed Hameed (Member)	
Ms Aminath Rinzy (Member)	
Mr Hussain Rasheed (Founder Member)	

